

CLEAN SHEET DISCUSSION GUIDE



Bible Verses:

- Romans 6:23
- James 1:15b
- Isaiah 59:2
- 2 Corinthians 5:17
- Psalm 103:12
- Ezekiel 36:25-26
- Ephesians 4:22-24

Questions for Discussion:

- What do you notice/like/dislike about these Bible verses?
- What do these Bible verses tell us about people & God?
- Can you sense that you have sin in your life?
- Did you know the penalty for sin is death & separation from God?
- Did you know Jesus paid that penalty for you? By trusting in Jesus, you can be brand new!
- What should change in your life because of these Bible verses?

Think About:

In the same way that a good hard practice or well fought game leaves the ice ruined, sin leaves our lives ruined, and we can't fix them on our own.

Observations to Consider and Truths to Believe:

- SIN KILLS - not just physically, but spiritually and eternally.
- If we are IN Christ - if we believe in and trust in Jesus - we are made NEW. The old is gone and the new has come.
- Through Jesus' death, God fully removes our sin from us.
- We don't need to carry it anymore.
- God cleanses us and gives us a new heart and a new spirit - a clean sheet!

Key Point:

Jesus is our spiritual Zamboni. Just as the Zamboni makes a clean, smooth sheet after practice, cleaning away all of the cuts, gouges, snot rockets, and rough marks to make the ice perfect again, so Jesus wants to do the same in our lives. By His death on the cross, if we trust in Him, He makes us new and clean again. He wipes away all of our sins, making us perfect like Him. Most people approach life with the perspective that they need to change and fix their lives, but notice that in all these passages, God is the one who fixes us. He cleanses us and makes us new through Jesus. It is His work, not ours. We simply accept the free gift!

Questions to Ask Yourself:

- Am I in Christ? If I am, I am made new and clean by Jesus. If I am not, why not?
- What will you "write" on your clean sheet?

Action Steps:

- Write down your sins.
- Remind yourself that this sin separates you from God and it leads to death.
- Ask yourself - Am I "in" Christ?
 - If not, why not?
 - If yes - throw your written list of sins away! God has removed it!
- Stop feeling guilty for your sin. God has removed it.
- Commit to one change in your life that is how God would want you to "write" on your new clean sheet.

Memory Verse:

Therefore, if anyone is in Christ, he is a new creation; the old has gone, the new has come. 2 Corinthians 5:17