

# STICKHANDLING DISCUSSION GUIDE



**HOCKEY MINISTRIES**  
INTERNATIONAL

## Bible Verses:

- Anxious? Philippians 4:6-7, 1 Peter 5:7, John 14:27
- Feeling down? John 15:11
- Feeling unworthy? John 3:16
- Lacking wisdom? James 1:5
- Feeling like you don't measure up? Ephesians 2:10
- Feeling like you have fallen too far short or done too much wrong? Psalm 103:12
- Facing adversity? James 1:2-4, Romans 5:3-5
- Feeling alone? Isaiah 41:10, Deuteronomy 31:6, Joshua 1:9, Matthew 28:20, John 14:15-17
- Feeling unsatisfied? John 10:10

## Questions for Discussion:

- What is God teaching you through His Holy Spirit?
- What do you notice/like/dislike about these Bible verses?
- What do these Bible verses tell us about people & God?
- How regularly do I read God's Word? How well do I know how to "handle" it? Have I been practicing?
- Do I realize that it speaks to every area and situation of my life and has the power to transform me?

## Think About:

God's Word is described as a sword, or in hockey terms, it is our spiritual "stick". As we are completely useless in a game without our stick, we are also useless in life without God's Word - we are useless in life if we are not growing in our ability to "handle" God's Word and apply it to our lives, allowing it to transform us. God's Word and apply it to our lives, allowing it to transform us. God's Word and apply it to our lives, allowing it to transform us. God's Word and apply it to our lives, allowing it to transform us. God's Word and apply it to our lives, allowing it to transform us. God's Word and apply it to our lives, allowing it to transform us. God's Word and apply it to our lives, allowing it to transform us.

## Observations to Consider & Truths to Believe:

- God's Word is alive and active.
- When we read it and apply it to our lives, God will use it to transform us and our character.
- God's Word is full of wisdom for every area of our life: anxiety, depression, adversity, value, purpose, forgiveness, loneliness, satisfaction, relationships, work ethic, leadership, etc.

## Key Point:

**God's Word is our spiritual stick, essential for playing the game of life. We need to learn and grow in our ability to "handle" it well and apply it to the game of our lives, allowing it to transform us .**

## Questions to Ask Yourself:

- How is my "stickhandling"? How well do I know God's Word? How often do I handle it?
- Do I realize God's Word speaks to every area of my life and how to live it best - the way God intended when He created me?
- Do I realize it has wisdom for how to "handle" every challenge?
- Will I regularly spend time working on my "stickhandling"?

## Action Steps:

- Commit to daily working on your "stickhandling" in God's Word. Write down one thing you learn each day.
- Commit to put God's Word into practice in your life!

## Memory Verse:

**"For the word of God is alive and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart." Hebrew 4:12**